

HIGH PERFORMANCE

EXPERIENCE

SUMMER CLINIC

JULY

Week 1 : 30 June to 7 July

Week 2 : 7 July to 14 July



➔ BE PART OF OUR INTERNATIONAL HIGH PERFORMANCE CLINIC



In July 2024, we kick off our exclusive High Performance experience that has influenced our participants in previous editions, this summer directed to women's soccer.

All players will be individually analyzed in order to enjoy a unique program.

LIVE, TRAIN AND PLAY LIKE A HIGH PERFORMANCE PLAYER

- They will stay at the **Hotel Náyade Sports** with all possible amenities.
- They will train at the Los Ángeles de **San Rafael sports facilities**, where the first team carries out its preseason, using the Academy's adapted methodology.
- **Individualized** technical-tactical talks and group dynamics will be provided to encourage **language learning**.
- They will enjoy multiple recreational experiences, such as visits to the stadium, the city and the Legends Museum, as well as water activities such as **Paddle Surfing and Cable Skiing**.
- The goal is to reach any player in the world with the necessary technical, physical and tactical conditions to participate in the program.
- Participants are expected to take their performance and development to the next level with the help of the **Academy's official coaches**.
- The quality and level of the participants is ensured by the **personalized evaluation** of each application by Academy professionals.



»» WHO IS IT DIRECTED TO?



PLAYERS BORN BETWEEN 2007 Y 2014
FROM ALL OVER THE WORLD



The Atletico de Madrid Academy, due to its high degree of collaboration and respect towards any club or sports entity, informs that all those players who are interested in participating in this experience and come from a club belonging to 1st or 2nd Division of the Professional League of their country or similar, should contact the organization of the campus through the established channel to comply with the procedure provided.

»» OUR CLINIC



The experience includes morning and evening **training**, avoiding the hot hours, along with **recreational and educational activities** detailed in the program. The organization is weekly.



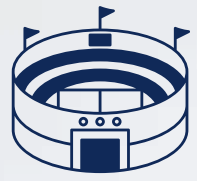
The work groups will have a **reduced group of players per coach**. In this way we ensure a personalized treatment and optimal feedback to each player to enhance their talent.



➤ FACILITY LOS ÁNGELES DE SAN RAFAEL



The historic Sports Center in Los Ángeles de San Rafael, the official preseason training site for the men's first team.



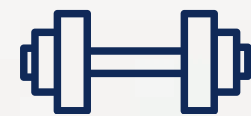
2 natural grass fields.



1 artificial grass field for indoor soccer.



1 artificial grass field.



Gym adapted to professionals and high performance players.



ATM
LA ACADEMIA

➤ ACCOMMODATION - HOTEL SPORTS NÁYADE ***

The Sports Náyade Hotel is the usual place of accommodation for the Academy players during their experiences at the resort.

- Double and multiple rooms.
- Private pool
- Gym.
- Spa.
- Cryotherapy pool

- Rooms for physiotherapy treatment.
- Video rooms.
- Lake for aquatic activities..
- Sports buffet menu and adapted to allergies and intolerances.
- Outdoor areas for outdoor activities.



STAFF



A differential aspect of our program is to be able to count on **our own coaches, physical trainers and analysts of our Academy teams**. Thanks to their experience, knowledge of the methodology and technical development applied to the game, they will take your performance to a higher level.

In our technical STAFF each week we will always have:



Official Academy coaches: our coaches participating in the Campus lead their own team within the Academy structure. They will develop the work microcycle of the week in line with the rest of the technical staff and will live together during the week at the hotel.



High Performance Analyst: will record each and every one of the participants for subsequent analysis with the creation of an individual video that will be sent to the player, which will detail positive aspects and aspects to improve.



Physical trainer of the Academy: will lead the activation work, measurements, gym and return to calm according to the periodization of our teams.



STAFF



Monitor and educator: responsible and accompanying the players 24 hours a day. She will live in the hotel with them and will accompany them in all transports and experiences. She will lead the group dynamics for the improvement of coexistence.



Medical staff: on-site care of players in case of any incident.



Coordination and Sports Management of the International Area of the Academy: day to day follow up and internal management.



➔➔ WHAT DOES THE PROGRAM INCLUDE?



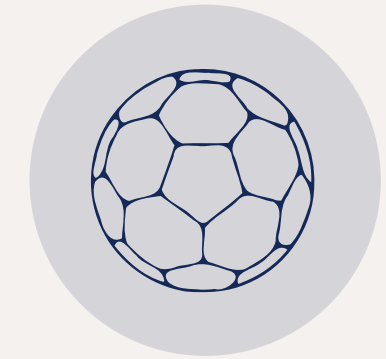
Full board accommodation and laundry service.



Daily transportation included. Possibility of pick up at the airport and train station.



Medical insurance for injuries + sports accidents. In addition, each participant must bring their own private insurance.



Ten 50-minute training sessions in the morning (double session) and three 75-minute training sessions in the afternoon.



Three clothing packs (T-shirt, pants, socks and walking clothes).



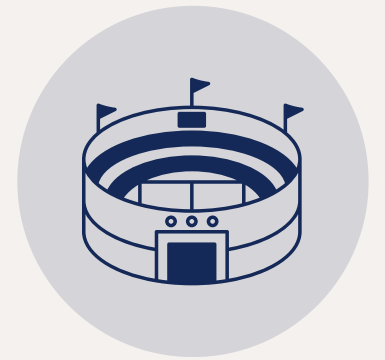
Personalized video of technical-tactical actions and player report by the club's official analyst.



Monitor responsible for the group 24 hours a day.

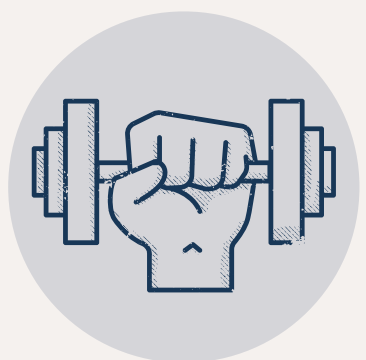


Visit to Madrid city.



Visit to the Estadio Cívitas Metropolitano* and Territorio Atleti.

» ¿QUÉ INCLUYE EL PROGRAMA?



Activation training and strength development in the gym.



Water activities (paddle surf and cable ski).



Recovery leisure session in swimming pool and SPA. Cryotherapy pool.



Personalized official jersey of the first team screen-printed with the player's name.



Visit to the La Liga Legends, Home of football museum.



Group dynamics aimed at improving coexistence and language practice.



Training talks (club values and player analysis).



Diploma certified by Academia Atlético de Madrid.



ADDITIONAL INFORMATION



01



Staff

A monitor or coordinator will come with the driver to pick up the player at the station or airport. The monitors will be in coexistence with the players 24 hours a day covering all the needs they may have.

02



Emergencies

Todos los participantes en el programa estarán asegurados bajo nuestro seguro médico privado de accidentes y lesiones deportivas.

Además, como requisito indispensable para su participación, deberán traer con su seguro médico privado, puesto que la cobertura proporcionada por nuestro seguro es exclusiva a la práctica deportiva

03



Transport

All transportation is included in the program. The transports, will be done by Our staff and/or private drivers will be in charge of receiving them at the agreed place as well as transporting the players to each activity.

04



Equipment included

Full equipment (3 T-shirts, 3 shorts, 3 pairs of socks) Official Academy walking outfit (polo shirt and shorts) for the entire stay and daily laundry service.

05



Requisitos de equipaje

- Summer clothing (Comfortable personal summer clothing)
- Soccer boots and street running shoes.
- Flip-flops, towel, bathing suit and toiletry bag.
- It will not be allowed to wear or bring clothes or backpacks from other professional soccer teams.



**It will not be allowed to bring clothing or backpacks from other professional soccer teams.*

Weekly logistics organization

*Program may be subject to change...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Arrival and welcome at the official residence (9:00 - 19:00)	8:00h - 8:15h Good morning	8:00h - 8:15h Good morning	8:00h - 8:15h Good morning	8:00h - 8:15h Good morning	8:00h - 8:15h Good morning	9:00h - 9:15h Good morning	Pick up and departure Hotel Náyade families (10:00h - 12:00h).	
	8:15h - 8:45h Breakfast and hygiene	8:15h - 8:45h Breakfast and hygiene	8:15h - 8:45h Breakfast and hygiene	8:15h - 8:45h Breakfast and hygiene	8:15h - 8:45h Breakfast and hygiene	9:15h - 10:00h Breakfast and hygiene		
	9:00 - 9:30h Gym	9:00 - 9:15h Transfer Hotel Náyade - CD Wanda LASR	9:00 - 9:30h Gym	9:00 - 9:30h Gym	9:00 - 9:15h Transfer Hotel Náyade - CD Wanda LASR	10:00 - 10:15h Transfer Hotel Náyade - CD Wanda LASR		
	10:00h - 10:15h Traslado Hotel Náyade - CD Wanda LASR	9:30h - 11:00h Technical-tactical training	10:00h - 10:15h Transfer Hotel Náyade - CD Wanda LASR	10:00h - 10:15h Transfer Hotel Náyade - CD Wanda LASR	9:30h - 11:00h Technical-tactical training	10:30h - 12:30h Playful-competitive training		
	10:30h - 12:30h Technical-tactical training		10:30h - 12:30h Technical-tactical training	10:30h - 12:00h Technical-tactical training				
Reception at the Residence, presentation and delivery of the clothing pack.	12:30h - 12:45h Snack, transfer to Hotel Náyade	11:00h - 11:15h Snack, transfer to Hotel Náyade	12:30h - 12:45h Snack, transfer to Hotel Náyade	12:00h - 12:15h Snack, transfer to Hotel Náyade	11:00h - 11:15h Snack, transfer to Hotel Náyade	12:30h - 12:45h Snack, transfer to Hotel Náyade		Departure by bus from Hotel Náyade to the Residence at 12:30h.
	12:45 - 13:10 Shower, hygiene and laundry	11:30h - 11:30h Aerobic activity - Café 3A	12:45 - 13:10 Shower, hygiene and laundry	12:15h - 12:15h Pool	11:30h - 11:30h Aerobic activity - Café 3A	13:10h - 14:00h Group dynamics - games		
	13:10h - 14:00h ATM values talk in video room		13:10h - 14:45h Lunch and rest time			14:00h - 16:30h Lunch and rest time		
	14:00h - 16:10h Lunch and rest time	13:30h - 16:10h Lunch and rest time	14:45h - 16:15h Transfer Hotel Náyade - Neptuno (La Liga Legends)	13:15h - 15:45h Lunch, rest time and preparation transfer	13:30h - 16:10h Comida y tiempo de descanso	16:30h - 19:30h Pool		
	16:10 - 17:00h Group dynamics - games	16:10 - 17:00h Group dynamics - languages	16:30h - 18:30h La Liga Legends Museum visit	15:45h - 16:15h Transfer Hotel Náyade - Civitas Metropolitano	16:10h - 17:30h Group dynamics - languages + snack	17:30 - 18:15 Game analysis talk in multimedia room - video cuts		
	17:00 - 18:00h Snack and preparation for the transfer	17:00 - 18:00h Snack and preparation for the transfer		16:30 - 18:30h Civitas Metropolitan visit	19:30h - 20:15h Shower, hygiene and laundry			
	18:00 - 18:15h Transfer Hotel Náyade - CD Wanda LASR	18:00 - 18:15h Transfer Hotel Náyade - CD Wanda LASR	18:30 - 20:45h Madrid city visit	18:30 - 20:00h Transfer Civitas Metropolitano Hotel Náyade + snack	18:15 - 18:30h Transfer Hotel Náyade - CD Wanda LASR	20:15 - 21:15h Farewell ceremony and presentation of gifts		
	18:30 - 19:00h Training activation	18:30 - 19:00h Training activation		20:00h - 21:15h Group dynamics - games	18:30 - 19:00h Training activation	21:15 - 23:00h Hygiene, farewell dinner, laundry and good night...		
	19:00 - 20:00h Competition training	19:00 - 20:00h Competition training			19:00 - 20:00h Competition training			
	20:15 - 21:15h Transfer CD Wanda LASR - Hotel Náyade, personal hygiene	20:15 - 21:15h Transfer CD Wanda LASR - Hotel Náyade, personal hygiene	20:45 - 21:15h Transfer Neptuno - Hotel Náyade	21:15h - 23:00h Dinner, laundry, evening/family time and good night.	20:15 - 21:15h Transfer CD Wanda LASR - Hotel Náyade, personal hygiene	21:15 - 23:00h Dinner, laundry, evening/family time and good night.		
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SPORTS CENTER REGULATIONS

Uniform

Sneakers, white Nike long socks, training t-shirt and training shorts.

Welcome and farewell

Shake hands with members of the coaching staff and other responsible persons upon arrival and departure from the activity.

Gym and field

It is forbidden to use or dispose of the facilities without the authorization of a person in charge.

Material

The player must be responsible for the use and care of the sports equipment used during the sport activity.

Your belongings

The player's belongings will always be his responsibility and he must take care of them with the minimum diligence required.

Injuries

Players must inform the TC of their injury situation. Afterwards, they will be accompanied to the medical services.

HOTEL POLICY



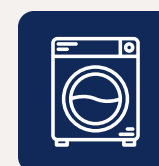
Punctuality

Players must always be punctual, especially at meal times.



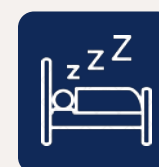
Departures from the residence

Players may not leave the residence without the authorization of those in charge and always accompanied by a monitor.



Laundry

Sports uniforms must be deposited and picked up well in advance for sports practice.



Hygiene and rest

Players must comply with the minimum hygiene requirements each day. In addition, the rest time (from 11:00 p.m.) must always be respected.



Order and cleanliness

The use and care of the spaces in the residence should always be in accordance with what has been found.



Transport

Players must be there 5 minutes before the bus departure time.

*** All clothing, both personal and sporting, must be marked with the player's name and surname.**

»» REGISTRATION PROCESS



1



Complete the clinic application on the website*

Send us your information through the web form that you will find on the Campus page. Once you are registered, our technical team will start working on your request.

2



Participant Application Evaluation*

Our camp coordinators and technical staff will view all the participants' videos and make a selection of suitable players.

3



Registration form

After validation of your request by our technical team, you will be sent an email where you will find the link to reserve your place and make payment for it. In case of making the payment in installments, you will be able to view in the aforementioned email, different links that will direct you to the modalities: ONE-TIME PAYMENT or FIRST registration FEE.



Follow-up meeting and additional information

Due to the high degree of commitment to the families of the participants, our campus management team will be in charge of organizing periodic meetings by video call to discuss the experience in depth as well as resolve any questions.

»» REGISTRATION PROCESS



4

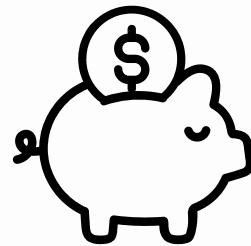


Confirmation of place

After having made the payment and receiving proof of payment attached to the form, you will receive an email confirming your place reservation for the selected week/s.

We ask that, from that moment on, you inform us as soon as possible about your travel plan and arrival or departure to Madrid.

5

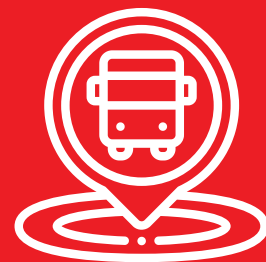


Registrations for second registration

If you have made the payment in installments, it will send you a second additional email as a reminder of the deadline and a link where you can make the second and final payment.

It is important to remember that until payment has been made in full, the place will not be reserved.

6



Arrival in Madrid and start of the clinic

After having previously informed us of your arrival and departure travel plan, our team will be in charge of receiving you at the established meeting point and transporting you to our High Performance Residence (place from where we will later leave for the clinic facility). .Una vez finalizado el clinic procederemos del mismo modo a realizar la despedida de los participantes.



Consultation and monitoring channel

Once you have successfully completed all the previous steps, the campus management team will introduce you to a conversation group where you will have a recurring communication channel. In this group we will keep you informed of the follow-up of the participants through our managers.

»» PROGRAM PRICES



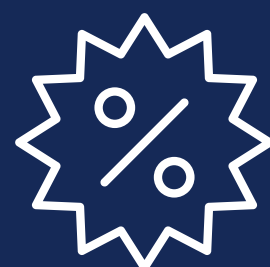
Price 1 week*

2.250,00 €

Internal regime mode

IVA included

Send your application as soon as possible and reserve your participation.



10%

Segunda semana

**Price 2 consecutive
weeks**

4.275,00 €

Internal regime mode

IVA included

*Costs derived from travel from the place of origin to the program as well as reservations for any type of means of transportation and/or visas or authorizations are not included.**

*Additional costs for booking travel medical insurance or other similar insurance are not included.**

RETURN POLICY



Free rescheduling for campuses held in Madrid in 2024.

- In case of cancellation of a registration **within 5 working days of confirmation**, 100% of the amount paid will be refunded.
- **In case of cancellation more than 30 days before the start of the campus:**
 - If payment has been made in full: 70% of the amount paid will be refunded.
 - If only 30% of the total amount has been paid: no refund will be made (**the reservation fee is non-refundable**).
- In case of cancellation less than 30 days before the start of the campus:
 - Voucher to be used in the 2024-2025 season for campuses developed in Madrid.
 - A registration can be postponed only once and to the following season as long as there is a notice of at least 15 calendar days before the start of the campus (except in case of force majeure). In case of non-attendance without prior notice: no refund will be made.
- In case of cancellations during the development of the campus: refund will only be made in case of cancellation due to force majeure duly accredited. In case of voluntary abandonment of the campus, there will be no right to any refund.

If a refund is necessary, it will be made at the end of the Campus 2024.

The operating costs arising from the amount to be refunded shall be borne directly by the holder of the bank account to be used for the refund.

How can one notify of cancellation? Write an email to: internacionalacademia@atleticodemadrid.com

VISAS

In the event of a visa denial in the countries that require it, and upon presentation of the legal document that proves it, the following will be done 100% of the campus fee will be refunded. This clause will not be applicable in the event that the visa application is made outside the deadlines established by each embassy or in the event that the visa application is made outside the deadlines established by each embassy. Nor in the case that it is due to the misuse or fraudulent use of the material provided by Campus High Performance for this purpose.

Letters of invitation will only be issued to participants, in no case will they be issued in the name of any adult. The deadline for issuing the invitation letters will be from 24 to 48 working hours after the request has been made. It must be taken into account that in order for this to be done, it is necessary to have the documentation and payment of the registration received, complete and correct. In case of not having this period, Campus de Alto Rendimiento is not responsible for the consequences of such action and therefore will not proceed to refund any amount already paid.

»» CONTACT



At the Academy, we are a team that works **together** in all departments.

For the management of the activities proposed for this project, will be directed from **sports coordination and International Academy**.

Any information, questions or proposals that you want to communicate, will be through this contact.

Once the participants have been selected and the registration of each one of them has been processed, communication with the families will be resumed in the weeks prior to the beginning of the program.

It will serve as a first contact before the beginning of the program and last minute doubts will be solved.

Communication between families and program managers will be constant both before and during the activity.

internacionalacademia@atleticodemadrid.com

+34 913 26 04 03- Customer service hours: Monday to thursday from 9:00h to 17:00h and friday from 9:00h to 14:00h.



ATLÉTICO DE MADRID
ACADEMIA

THANK YOU!